



ZUDA
LIVE A POWERFUL
HAPPY LIFE

TEACHER TRAINING PROGRAM
200 Hour Program Application
Registered Yoga Alliance Certified Program

Program Dates: June 2, 2011 - September 12, 2011

Personal Information

First Name _____ Last Name _____ Sex: M F

Street Address: _____ Apt # _____

City: _____ State: _____ Zip Code: _____

Email (print clearly): _____

Current Occupation: _____ How Long? _____

Teaching & Education

Are you currently teaching Yoga? YES NO

If yes, how long? 1yr or less 1-5yr 5yr+

If yes, what style (s)? _____

How did you hear about Zuda's Teacher Training? _____

List all previous yoga education, trainings or workshops, including any previous trainings or intensives with Zuda:

Required Essay Questions (Attach on a separate sheet)

- Why do you practice yoga?
- What do you hope to achieve from Zuda Teacher Training?
- What makes a good yoga teacher?
- What do you find the most challenging part of yoga?
- What is the easiest part of yoga for you?
- How do you describe an empowered person?

I hereby declare the information in this application is true and complete. I understand that providing false information is grounds for rejection of this application.

Signature: _____ Date: _____

I understand that the \$25 application fee is non-refundable and/or transferable, whether I am accepted or declined into the Zuda Teacher Training Program.

Signature: _____ Date: _____

Thank You!

Upon review of your application, if accepted into the program , you will be notified via email about the next steps to take. If you have any questions or for more information, please do not hesitate to email me at amanda@zudayoga.com. Please allow 1 week for processing time.

Please Include:

- **\$25 non-refudable and/or transferable application fee (checks made to: Zuda Yoga)**
- **Completed Application**
- **Essay Questions**
- **A photo of yourself (clear head shot)**

Mailing Address:

**Zuda Yoga
c/o Teacher Training 2010
1515 19th Street Suite 104
Sacramento, CA 95811**

Email Address:

**amanda@zudayoga.com
subject line: ZTT 2011 Application**